



REFLECT QUESTIONS

- What's happening right now?
- What else do you know about this situation?
- What does success look like?
- What are your current assumptions about this situation?
- How are your past experiences influencing your perspective?
- What biases might be affecting your thinking?
- What do you *actually* know versus what you *think* you know?
- What are your cognitive strengths and weaknesses in this type of situation?
- Who else might have insights and an objective point of view?

